CAN-STOP
CANCER - SUPPORT THERAPY

Sundaram Medical Foundation
DR.RANGARAJAN MEMORIAL HOSPITAL

SEP TEM BER 2026

COMMUNITY SERVICE DEPARTMENT MONTHLY REPORT













Free Medical Camp

Thursday,
24th September, 2026

His/Her Place,
T. Nagar, Chennai

3:00 PM to 6:00 PM







ABOUT THE CAMP

The camp provided essential healthcare services including BP, CBG, and general health screening.

The medical team addressed common health concerns while also emphasizing the importance of routine health check-ups and preventive care.

Rtn Sharon & Rtn Rajib Kumar has visited camp

BP

CBG

GENERAL HEALTH SCREENING

Total 103 Beneficiaries

Medicine worth of **Rs 4200/-** were distributed

Supported By

SUNDARAM FINANCE®
Enduring values. New age thinking.

PLASTIC WASTE MANAGEMENT



The TNPCB, in collaboration with Bisleri's CSR initiative, supported Sundaram Medical Foundation's Community Service Department in implementing the Plastic Zero Waste Management Program to promote environmental awareness among students. In September 2026, 115 kg of plastic waste was collected and recycled with the support of SMF staff, marking a positive start to the initiative.

REACH FOUNDATION



In the month of September 2026, 21 beneficiaries have utilized the Tuberculosis Intervention Services.

SAP SCHOOL





The Sundaram Arockiyam Plan (SAP) supports students of the Aadi Dravidar Tribal Welfare School through regular health assessments, hygiene and nutrition education, and early detection of health issues to promote their overall well-being.

In September 2026, a yoga session was conducted for the students by Mrs. Selvam, a CAN-STOP volunteer, to encourage physical fitness, mental well-being, and healthy living.



During the month, Master Ishanth, a 6-year-old student studying in Class II, sustained an injury that resulted in a broken tooth. Sundaram Medical Foundation (SMF) provided the necessary emergency treatment and medicines free of cost, ensuring that the child received timely medical attention and care.

This initiative reflects SMF's continued commitment to promoting children's health and well-being and ensuring access to essential healthcare services through the SAP programme.

CANSTOP

ROSE DAY 2026 CELEBRATION @ ICH & IOG, EGMORE

A ROSE OF HOPE, A SMILE OF STRENGTH

INTRODUCTION

CAN-STOP celebrated Rose Day 2026 on 22nd September at the Institute of Child Health (ICH) and Institute of Obstetrics and Gynaecology (IOG), Egmore, bringing hope, positivity and smiles to cancer patients and their families.



Hope

CELEBRATION @ ICH

At ICH, around 40 children and their parents participated in the celebration. The programme began with a brief introduction to Rose Day and the inspiring story of Melinda Rose, highlighting the message of hope, courage and positivity.

Roses were distributed to the children and their parents, followed by a magic show and gift distribution.

Each child received fruits, a bedsheet and a tiffin box.



Strength



Love





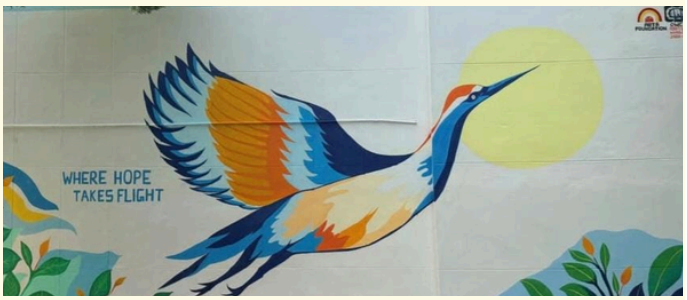
Smiles



happy faces



Togetherness



Hope









Empathy



CELEBRATION @ ROSE GARDEN, IOG

At the Rose Garden, IOG, women undergoing cancer treatment enjoyed yoga, fun games, singing, dancing and rose distribution. Two cancer survivors shared their inspiring experiences, encouraging patients with messages of hope and strength.

Dr. Vijaya Bharathi Rangarajan, Founder of CAN-STOP, graced the programme and interacted with the patients.

A special Palm Printing Activity brought everyone together, with colourful handprints symbolising hope, strength, courage and togetherness. Fruits, bedsheets and tiffin boxes were also distributed to the women patients.

SPECIAL THANKS

Special thanks to the Overseas Women's Club for their generous support towards the wall mural work at the Rose Garden, IOG, Egmore, helping create a colourful and welcoming space for women undergoing cancer treatment.

Special thanks to CANSTOP volunteers, doctors, hospital staff and supporters for making Rose Day 2026 a joyful and memorable celebration.
Your kindness and generosity brought comfort, smiles and hope to patients and their families.





symbol of hope, strength, togetherness and courage

ICH organised a Rose Day celebration

Rose Day Celebration – 25th September 2026
ICH Hospital for Children invited CANSTOP to be part of the celebration.

CANSTOP was honoured for its valuable contribution and presented with a memento as a token of appreciation.





A Special Visit by Dr. Armida Fernandez to CANSTOP









Dr. Armida Fernandez (born 1943) is a renowned Indian neonatologist and paediatrician known for reducing infant mortality and establishing Asia's first human milk bank in Mumbai in 1989. Awarded the Padma Shri in 2026 for her contributions to medicine. She visited CANSTOP's Rose Garden project at IOG, Egmore, and CANNEST Home during her visit to Chennai as the orator for the SMF Oration. She expressed a keen interest in visiting CANSTOP's projects. At Rose Garden, she distributed sarees and bedsheets to women undergoing cancer treatment. At CANNEST Home, she interacted with paediatric cancer patients and their families, distributing sarees and bedsheets to all. She was accompanied by Dr. Manickavasagan, Dr. PVJ and Dr. Arjun Rangarajan, Trustees, SMF.

NUTRITION PROJECT

CAN-STOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients.





Tender Coconut Worth of Rs 34,596/- were distributed in the month of September, Totally 520 People Benefited

Pediasure Worth of Rs 7,600/- were distributed in the month of September, Totally 468 Children Benefitted







CRAFT

ART AND PLAY THERAPY

Regular Art and Play Therapy sessions were conducted for pediatric cancer patients and their families at the Institute of Child Health, Egmore.

The sessions included art, craft activities, and fun games to keep the children engaged and happy during their hospital stay.

The activities helped reduce stress, encourage participation, and create a positive environment for the children and their families.



CAN-NEST Home
A home away from home

BHOOMI POOJA CEREMONY OF CAN-NEST HOME

A New Beginning. A Home of Hope.

About CAN-NEST Home

CAN-NEST Home is a free short-stay home in Egmore, Chennai, created to support paediatric cancer patients and their caregivers who travel from outside Chennai for treatment. It provides families with free boarding and lodging during regular and long-term cancer treatment, offering a safe and supportive environment at a time when accommodation can be a significant challenge.
The initiative aims to be more than just a place to stay. It is a home away from home, where children can find comfort and caregivers can receive support during their treatment journey.



Hope....Support....Together

CAN-NEST Impact

4,620
families were accommodated in 2025

More than
29,600
families supported over 10 years

A VISION THAT BEGAN IN 2015

Dr Vijaya Bharathi Rangarajan - Founder of CANSTOP, her vision for a permanent CAN-NEST Home began in 2015. The objective was to create a dedicated space that could provide long-term, sustainable accommodation for families travelling to Chennai with children undergoing cancer treatment.
Over the years, the project progressed through planning. identifying family needs, building support among well-wishers and volunteers, and working towards establishing a permanent facility. The journey from 2015 to 2026 reflects more than a decade of commitment and perseverance, and the collective efforts of the Sundaram Medical Foundation, CAN-STOP team, volunteers, supporters and well-wishers.



the first step towards a brighter tomorrow

The Bhoomi Pooja Ceremony

The Bhoomi Pooja Ceremony of CAN-NEST Home was held on Thursday, 17th September 2026 at 4:00 PM in Egmore, Chennai.

The ceremony marked the formal beginning of the next phase of the project. It was a meaningful gathering of the Sundaram Medical Foundation leadership, CAN-STOP team, volunteers, supporters and well-wishers. Conducted with prayers and blessings, the event was filled with gratitude and hope as the first step towards creating a permanent CAN-NEST Home was formally marked.



Blessings for a brighter future



Together for a common purpose

Dignitaries and Well-wishers

The ceremony was graced by:
Dr. Vijaya Bharathi Rangarajan - Trustee & Director - Community Service, Founder - CANSTOP
Dr. P. V. Jayasankar – Trustee & Medical Director, Sundaram Medical Foundation
Dr. Arjun Rangarajan – Trustee & Joint Managing Director, Sundaram Medical Foundation
Rtn. Kapil Chitale – Architect
CAN-STOP Volunteers
Mr. T. K. Srinivasan
Mrs. Origanti
Mrs. Selvam
Mrs. Vijaya Mahendran
Dr. Sendil Desingh
Mr. Raghunath
Members of **SMF Team and CAN-STOP Team**









A new beginning has been made. A home of hope is taking shape.

The Bhoomi Pooja Ceremony of CAN-NEST Home marked an important milestone in a journey that began in 2015.

With the commencement of the permanent home project, CAN-STOP is taking a significant step towards creating a dedicated and sustainable space for paediatric cancer patients and their caregivers travelling from outside Chennai.

The journey ahead will require continued support and collaboration. With the project planned for completion within approximately one year, the vision of a permanent home away from home is steadily moving towards reality..

HOPE CHEST

CANSTOP's Hope Chest initiative provides essential supplies to cancer patients and their caregivers at IOG and ICH, helping them manage their daily needs with greater ease and comfort. In September 2026, a total of 5 families benefited from this support.



Things that are available at HOPE CHEST

Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

DONATE ♥



Join us and make your contributions to the cancer patients at Govt. Hospitals.



SPONSOR DETAIL

SPONSORS	PROJECT	AMOUNT
MR DAYACHAND MALHOTRA	CANNEST	20,000/-
MS VIJAYA MAHENDRAN	CANNEST	1,000/-
ROTARY CLUB OF MADRAS EAST TRUST	ABC EVENT	30,000/-
DK SOLAR PROJECT	ABC EVENT	10,000/-
MR REKHA GANGWAL	ROSE DAY	8,410/-
MR RAGHUNATHAN	ROSE DAY	6,720/-
Grand Total		**76,130/-**

IN- KIND SPONSOR DETAILS

SPONSORS	PARTICULARS	WORTH IN RUPEES
MS DARSHANA	Oil 20 ltr, Moongdal 10kg, Sambar dal 10kg, Rawrice 25kg, White urad gram 10kg, Idly rice 25kg	9,000/-
CENTURY FLOUR MILL	Rava - 25 kg, Wheat Flour - 25kg	6,925/-
CHENNAI FOOD BANK	Boiled rice 70kg & Provision	3,500/-
MS LATHA	Rice - 25Kg	2,000/-
T K SRINIVASAN	Vegetables	4,000/-
MR SRINIVASAN	Toys	3,000/-
MS KOMALA	Tender Coconut	2,800/-
Grand Total		**31,225/-**

VOLUNTEER CONTRIBUTION

The CANSTOP Team extends heartfelt gratitude to our devoted volunteers. Your unwavering commitment, resolute spirit, and uplifting energy have been the driving force behind the success of our initiatives.

Volunteers - Ms Origanti, Ms Selvam, Mr Ramesh, Mr Raghunathan, Ms Grishma, Ms Rekha, Mr. T. K. Srinivasan, Mrs. Vijaya Mahendran, Dr. Sendil Desingh

HELPLINE SERVICES

Totally 130 calls were received in the CAN-STOP Help line number
15 Calls for Counseling
15 Calls for Blood request at Government Hospital

For your kind contribution:
CAN-STOP is eligible for 50% Tax Exemptions under Section 80G of Income Tax Act. Cheques can be drawn in favour of CAN-STOP

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FOR MORE INFORMATION
044-26284256 /9941007688